



## Life Skills Trainer (Peer Support Specialist)

We are seeking eager, like-minded, professionals to work collaboratively with Anchor Within Counseling. We are a multi-cultural focused practice which prioritizes care of racial and ethnic minorities. We are eager to add new skills to the space so we can serve clients in a variety of ways. Skills Trainers (Peer Support Specialists) provide supports to individuals, families, and/or groups. This position meets with clients in the community, in the office, and/or virtually to address needs outlined in the treatment plan by the mental health therapist. Skills worked on with clients can include accessing resources, parent development/mentorship, social skills practice, racial/cultural self-confidence, case management, and the like.

### **Responsibilities**

- Provide direct support to individuals within scope of practice and as indicated on the individual's treatment plan.
- Provide structured development activities and supports which may include skills training for psychosocial problems, racial identity development, relationship management, and/or working with systems of care.
- Make timely, accurate, and complete documentation in the electronic service record summarizing individuals' progress.
- Actively participate in staff and team meetings.
- Provide supportive case management services.
- Maintain professional and ethical standards of conduct.
- Implement behavior management strategies to promote positive behaviors and reduce challenging behaviors.
- Facilitate individual/family development of life skills for achieving clinical goals.
- Involve and advise family members, when appropriate.
- Meet with individuals in the office, in the community, and virtually.
- Collaborate with interdisciplinary professionals.
- Monitor client's emotional well-being and report risky/unsafe behaviors.
- Train clients in behavioral health and relationship management techniques.
- Maintain client confidentiality.
- Keep up-to-date with skills training knowledge appropriate to the client groups served.
- Keep up-to-date with supervisions.
- Maintain continuous compliance with OARs and OHA/THW training requirements.

### **Skills**

- Strong written communication.
- Behavior management techniques and strategies.

- Excellent communication skills to effectively interact with individuals, their families, the community, and the interdisciplinary team.
- Direct support to adults, families, and youth.

## **Qualifications**

- Certification through Oregon Health Authority (OHA) as a Traditional Health Worker (THW)
- Bachelor's degree OR High School Diploma with three years equivalent training/work experience
- A valid driver's license and reliable transportation
- Ability to pass criminal history background check

## **Culturally-Specific Skills Desired**

- Knowledge and ability to serve Black, African, and/or Latino populations from a racial justice lens
- Experience in racial identity development

## **Salary**

- \$22.50 - \$31.00

## **Similar Job Titles**

- Peer Support Specialist
- Life Skills Trainer
- Parenting Support Worker
- Intern Skills Trainer
- Behavioral Health Skills Trainer

Please note that this job description is not exhaustive and may be subject to change based on the needs of the organization.

To request an interview with our team, or questions about this offer, contact us at [www.anchorwithincounseling.com](http://www.anchorwithincounseling.com)