



Mental Health Internship Opportunity

We are open to reviewing eager, like-minded, mental health interns to work collaboratively with Anchor Within Counseling. These candidates must be assigned to a graduate school program. The Mental Health Intern supports the mental and behavioral well-being of our clients under the direct supervision of licensed mental health therapist at our practice. Anchor Within Counseling is a multi-cultural focused practice which prioritizes the care of racial and ethnic minorities. This is a place where you can learn from seasoned clinical therapists and build a strong foundation in independent outpatient therapy, community supports, and group development. In our office, therapists work both in-person and virtually.

Intern Duties and Responsibilities

- Completes joint intakes with supervisor for new client appointments.
- Collaborates on diagnosis and treatment plan formulations.
- Completes safety assessments, tracking client progression with supervisor.
- Attends to evidence-based practices in planning and implementing session plans for clients.
- Meets with clients weekly or bi-weekly to provide counseling/behavioral health treatment.
- Involves and advises family members when appropriate and in conjunction with supervisor.
- Participates in assessment of client's need for outside specialist engagement.
- Researches community needs and create community learning opportunities, as assigned.
- Facilitates therapy and community support groups.
- Performs case management functions for any client in the practice, as assigned.
- Utilizes Anchor Within's HIPPA-compliant electronic health record system.
- Maintains client confidentiality.
- Completes timely technical documentation.

Intern Requirements and Qualifications

- Maintain good standing with graduate school program.
- Complete required documentation for NPI and OHA.
- Positive relationship-building skills.
- Attention to detail.
- Ability to effectively manage time and prioritize tasks.
- Communicate needs and requests clearly and timely to supervisor.

Culturally-Specific Skills Highly Desired

- Ability to serve Black, African, Latino, and/or Native populations from a racial justice lens
- Willingness to serve clients whom ascribe to religious beliefs

To request an interview with our team, or questions about this internship, contact us at hello@anchorwithincounseling.com